



# Health & Wellbeing Events Calendar 2018



Month	Date	Event Name	Organizer	Contact	
JAN	1-31 Dec	European Year of Cultural Heritage	The Heritage Council	<a href="https://www.eych2018.com/">https://www.eych2018.com/</a> Email: <a href="mailto:eych@heritagecouncil.ie">eych@heritagecouncil.ie</a>	
	1-31	BreatheLife Climate and Clean Air Initiative	WHO/UN Environment	<a href="http://breathelife20330.org/">http://breathelife20330.org/</a>	
	1-31	GET Ireland Active	Promoting Physical Activity in Ireland	<a href="http://www.getirelandactive.ie/">http://www.getirelandactive.ie/</a> Email: <a href="mailto:info@getirelandactive.ie">info@getirelandactive.ie</a>	
	1-31	START child Health campaign		<a href="http://www.safefood.eu/Start/Welcome.aspx">http://www.safefood.eu/Start/Welcome.aspx</a> Email: <a href="mailto:info@safefood.eu">info@safefood.eu</a>	
	1-31	Lung Cancer Awareness Month	Irish Cancer Society	<a href="http://www.cancer.ie">www.cancer.ie</a>	
	1-31	Little Things campaign	Mind Your Mental Health	<a href="http://www.yourmentalhealth.ie/get-involved/littlethings-campaign/about-littlethings/">http://www.yourmentalhealth.ie/get-involved/littlethings-campaign/about-littlethings/</a>	
	12	Operation Transformation	RTE	<a href="https://ot.rte.ie/">https://ot.rte.ie/</a>	
	1-31	To the Moon and Back : Get Primary School kids Moving Step Challenge	Irish Heart Foundation	<a href="http://www.irisheart.ie">www.irisheart.ie</a> Email: <a href="mailto:schools@irisheart.ie">schools@irisheart.ie</a>	
	28- 3 Feb	European Cervical Cancer Prevention Week	Cervical Screening Programme	<a href="https://www.cervicalcheck.ie/">https://www.cervicalcheck.ie/</a>	
	FEB	1	Health & Social Care Professions (HSCPs) Day	HSE	<a href="http://www.hseland.ie">www.hseland.ie</a>
		4	World Cancer Day	Irish Cancer Society	<a href="http://www.worldcancerday.org/">http://www.worldcancerday.org/</a> Phone: 01 2310500 <a href="http://www.cancer.ie/">www.cancer.ie/</a> Email: <a href="mailto:reception@irishecancer.ie">reception@irishecancer.ie</a>
		6	Safer Internet Day	PDST Technology in Education and Webwise	<a href="http://www.saferinternetday.ie/">http://www.saferinternetday.ie/</a>
12		International Epilepsy Day	Epilepsy Ireland	<a href="http://www.epilepsy.ie/">http://www.epilepsy.ie/</a> Email: <a href="mailto:ibeexecdir@eircom.net">ibeexecdir@eircom.net</a>	
14		National No Smoking Day	Quitline	<a href="https://www.quit.ie/">https://www.quit.ie/</a> , Phone 1800 201 203 FREETEXT <b>QUIT TO 50100</b> <a href="http://www.facebook.com/HSEquit">www.facebook.com/HSEquit</a>	
20		World Day of Social Justice	United Nations	<a href="http://www.un.org/en/events/socialjusticeday/">http://www.un.org/en/events/socialjusticeday/</a>	
23		Daffodil Day	Irish Cancer Society	<a href="http://www.cancer.ie">www.cancer.ie</a> Email: <a href="mailto:reception@irishecancer.ie">reception@irishecancer.ie</a>	
26-4 Mar		Eating Disorders Week	BodyWhys	<a href="https://www.bodywhys.ie/eating-disorders-awareness-week-2018/">https://www.bodywhys.ie/eating-disorders-awareness-week-2018/</a>	
MAR		3	World Wildlife Day	United Nations	<a href="http://www.un.org/en/events/wildlifeday/">http://www.un.org/en/events/wildlifeday/</a>
		5-11	National Brain Awareness Week	Neurological Alliance of Ireland	<a href="http://www.nai.ie/go/brain_awareness_week">http://www.nai.ie/go/brain_awareness_week</a>
		8	International Women's Day	National Women's Council of Ireland	Email: <a href="mailto:info@nwci.ie">info@nwci.ie</a> <a href="http://www.nwci.ie">www.nwci.ie</a>
		8	World Kidney Day	Irish Kidney Association	<a href="http://www.ika.ie">www.ika.ie</a> Email: <a href="mailto:info@ika.ie">info@ika.ie</a> <a href="http://www.worldkidneyday.org/2018-campaign/2018-wkd-theme/">http://www.worldkidneyday.org/2018-campaign/2018-wkd-theme/</a>
	12-16	Scoot to School Week	Green Schools An Taisce	<a href="https://greenschoolsireland.org/event/">https://greenschoolsireland.org/event/</a>	
	18-26	European-wide Action Week Against Racism	United Nations	<a href="http://weekagainstracism.eu/about/">http://weekagainstracism.eu/about/</a>	
	20	International Day of Happiness	United Nations	<a href="http://www.un.org/en/events/happinessday/documents.shtml">http://www.un.org/en/events/happinessday/documents.shtml</a>	
	21	World Down Syndrome Day	Down Syndrome Ireland	<a href="http://www.downsyndrome.ie">www.downsyndrome.ie</a> Email: <a href="mailto:info@downsyndrome.ie">info@downsyndrome.ie</a> <a href="https://worlddownsyndromeday.org/">https://worlddownsyndromeday.org/</a>	
	21	World Water Day		<a href="http://www.un.org/en/events/waterday/">http://www.un.org/en/events/waterday/</a>	
	22	World Poetry Day	UNESCO	<a href="http://www.un.org/en/events/poetryday/">http://www.un.org/en/events/poetryday/</a>	
	24	World TB Day	WHO	<a href="http://www.stoptb.org/events/world_tb_day/">http://www.stoptb.org/events/world_tb_day/</a>	
	APR	31- 7 April	Organ Donation Week	Irish Kidney Association	<a href="http://www.ika.ie">www.ika.ie</a> Email: <a href="mailto:info@ika.ie">info@ika.ie</a>
1-31		Bowel Cancer Awareness Month	Irish Cancer Society	<a href="http://www.cancer.ie">www.cancer.ie</a>	
2		World Autism Awareness Day	Irish Autism Action	<a href="http://www.autismireland.ie">www.autismireland.ie</a> Email: <a href="mailto:info@autismireland.ie">info@autismireland.ie</a>	
7		World Health Day	WHO	<a href="http://www.who.int/campaigns/en/">http://www.who.int/campaigns/en/</a>	
23-28		National Stroke Awareness Week	Irish Heart Foundation	<a href="http://www.irisheart.ie/">www.irisheart.ie/</a>	
22		Earth Day		<a href="http://www.earthday.org/2015">http://www.earthday.org/2015</a>	
23-29		World Immunisation Week	WHO	<a href="http://www.euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week">http://www.euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week</a>	
23		World Book and Copyright Day	United Nations	<a href="http://www.un.org/en/events/poetryday/">http://www.un.org/en/events/poetryday/</a>	
23-27		Active School Week	Active School Flag	<a href="http://activeschoolflag.ie/index.php/active-school-week/">http://activeschoolflag.ie/index.php/active-school-week/</a>	
28		World Day for Safety and Health at Work		<a href="http://www.un.org/en/events/safeworkday/">http://www.un.org/en/events/safeworkday/</a>	
MAY		1-31	Bealtaine Arts Festival for Older People	Age & Opportunity	Phone: 01-8057709 <a href="http://bealtaine.com/">http://bealtaine.com/</a>
		1	World Asthma Day	Asthma Society of Ireland	<a href="http://www.asthmasociety.ie/">www.asthmasociety.ie/</a> <a href="http://www.ginasthma.org/World-Asthma-Day">www.ginasthma.org/World-Asthma-Day</a>
	5	World Hand Hygiene Day	Save lives Clean your hands	WHO <a href="http://www.who.int/gpsc/5may/en/">http://www.who.int/gpsc/5may/en/</a> <a href="http://www.hse.ie">www.hse.ie</a>	
	14-18	Walk to School Week	Green Schools An Taisce	<a href="https://greenschoolsireland.org/event/">https://greenschoolsireland.org/event/</a>	
	14-20	National Volunteering Week	Volunteer Ireland	Email: <a href="mailto:info@volunteer.ie">info@volunteer.ie</a>	
	15	International Day of Families		<a href="http://www.un.org/en/events/familyday/">http://www.un.org/en/events/familyday/</a>	
	19	European Obesity Day	EASO	<a href="https://www.europeanobesityday.eu/">https://www.europeanobesityday.eu/</a>	
	21	World Day for Cultural Diversity for Dialogue and Development	United Nations	<a href="http://www.un.org/en/events/culturaldiversityday/index.shtml">www.un.org/en/events/culturaldiversityday/index.shtml</a>	
	25-27	Community Games Final	Community Games	<a href="https://www.communitygames.ie/">https://www.communitygames.ie/</a>	
	30	World MS Day	MS Ireland MS International Federation	<a href="http://www.ms-society.ie/">www.ms-society.ie/</a> <a href="https://www.msif.org/event/world-ms-day-3/">https://www.msif.org/event/world-ms-day-3/</a>	
	31	World No-Tobacco Day	World Health Organization	<a href="http://www.who.int/mediacentre/events/2018/world-no-tobacco-day/en/www.quit.ie">http://www.who.int/mediacentre/events/2018/world-no-tobacco-day/en/www.quit.ie</a>	
	JUN	3	Dublin Women's Mini Marathon	VHI Women's Mini Marathon	<a href="http://www.vhiwomensminimarathon.ie/">http://www.vhiwomensminimarathon.ie/</a> Email: <a href="mailto:info@womensminimarathon.ie">info@womensminimarathon.ie</a>
5		World Environment Day	UNEP	<a href="http://worldenvironmentday.global/">http://worldenvironmentday.global/</a>	
11-17		International Men's Health Awareness Week	Men's Health Forum in Ireland	<a href="http://www.mhfi.org">www.mhfi.org</a>	
11-17		National Carers Week	Care Alliance Ireland	<a href="http://www.carersweek.ie/">http://www.carersweek.ie/</a> <a href="http://www.carersireland.com">www.carersireland.com</a> Email <a href="mailto:info@carersireland.com">info@carersireland.com</a>	
14		World Blood Donor Day	WHO	<a href="http://www.who.int/worldblooddonorday/en/">www.who.int/worldblooddonorday/en/</a> Irish Blood Transfusion Board <a href="http://www.giveblood.ie">www.giveblood.ie</a>	
15		World Elder Abuse Awareness Day	United Nations	<a href="http://www.un.org/en/events/elderabuse/">http://www.un.org/en/events/elderabuse/</a>	
9-17		National Bike Week	Department of Transport, Tourism and Sport	<a href="http://www.bikeweek.ie">www.bikeweek.ie</a>	
20		International Day of Yoga	United Nations	<a href="http://www.un.org/en/events/yogaday/">http://www.un.org/en/events/yogaday/</a>	
21		World Refugee Day	United Nations	<a href="http://www.un.org/en/events/refugeeday/">www.un.org/en/events/refugeeday/</a>	
26		International Day Against Drug Abuse and Illicit trafficking	United Nations	<a href="http://www.un.org/en/events/drugabuseday/">http://www.un.org/en/events/drugabuseday/</a>	
JUL		11	World Population Day	United Nations	<a href="http://www.un.org/en/events/populationday/">http://www.un.org/en/events/populationday/</a>
		15	World Youth Skills Day	United Nations	<a href="http://www.un.org/en/events/youthskillsday/">http://www.un.org/en/events/youthskillsday/</a>
	28	World Hepatitis Day	World Hepatitis Alliance	<a href="http://www.worldhepatitisalliance.org/">http://www.worldhepatitisalliance.org/</a> WHO <a href="http://www.who.int/campaigns/hepatitis-day/en">www.who.int/campaigns/hepatitis-day/en</a>	
	30	International Day of Friendship		<a href="http://www.un.org/en/events/friendshipday/">http://www.un.org/en/events/friendshipday/</a>	
AUG	1-7	World Breastfeeding Week	World Alliance for Breastfeeding Action	<a href="http://worldbreastfeedingweek.org/">http://worldbreastfeedingweek.org/</a> <a href="http://www.waba.org.my/">http://www.waba.org.my/</a> <a href="http://www.breastfeeding.ie">www.breastfeeding.ie</a>	
	12	International Youth Day	United Nations	<a href="http://www.un.org/en/events/youthday/">www.un.org/en/events/youthday/</a>	
	17-19	Community Games Final	Community Games	<a href="https://www.communitygames.ie/">https://www.communitygames.ie/</a>	
SEPT	19	World Humanitarian Day	United Nations	<a href="http://www.un.org/en/events/humanitarianday/index.shtml">http://www.un.org/en/events/humanitarianday/index.shtml</a>	
	1-30	Irish Heart Month	Irish Heart Foundation	<a href="http://www.irisheart.ie">www.irisheart.ie</a>	
	8	World Physical Therapy Day	Irish Society of Chartered Physiotherapists	<a href="http://www.iscp.ie">www.iscp.ie</a>	
	8	International Literacy Day		<a href="http://www.un.org/en/events/literacyday/">http://www.un.org/en/events/literacyday/</a>	
	10	World Suicide Prevention Day	International Association for Suicide Prevention	<a href="http://www.iasp.info/wspd/">www.iasp.info/wspd/</a>	
	10-17	European Week of Sport	Sport Ireland	<a href="http://www.sportireland.ie">www.sportireland.ie</a> <a href="https://ec.europa.eu/sport/week/stories/beactive-2018-european-championships_en">https://ec.europa.eu/sport/week/stories/beactive-2018-european-championships_en</a>	
	15	World Lymphoma Awareness Day	Lymphoma Forum of Ireland	<a href="http://lymphomaforum.ie/">http://lymphomaforum.ie/</a> Lymphoma Coalition <a href="http://www.lymphomacoalition.org/wlad">http://www.lymphomacoalition.org/wlad</a>	
	16-22	European Mobility Week	Department of Environment, Heritage and Local Government	<a href="http://www.envirom.ie/">http://www.envirom.ie/</a>	
	19	Mouth Cancer Awareness Day		<a href="http://www.mouthcancerawareness.ie/">http://www.mouthcancerawareness.ie/</a>	
	21	World Alzheimer's Day	Alzheimer's Disease International	<a href="http://www.alz.co.uk/">http://www.alz.co.uk/</a> ; <a href="http://www.alzheimer.ie/Home.aspx">http://www.alzheimer.ie/Home.aspx</a> <a href="http://www.understandtogether.ie">http://www.understandtogether.ie</a>	
	21	World Gratitude Day	United Nations	<a href="https://www.srichinmoy.org/service/United_nations/world-gratitude-day">https://www.srichinmoy.org/service/United_nations/world-gratitude-day</a>	
	21	International Day of Peace	United Nations	<a href="http://www.un.org/en/events/peaceday/">http://www.un.org/en/events/peaceday/</a>	
OCT	22	World Car-Free Day		<a href="http://www.worldcarfree.net/">www.worldcarfree.net/</a> <a href="http://www.irishecancer.ie">www.irishecancer.ie</a>	
	24-30	Positive Ageing Week	Age Action	<a href="https://www.ageaction.ie">https://www.ageaction.ie</a>	
	29	World Heart Day	Irish Heart Foundation	<a href="http://www.irisheart.ie">www.irisheart.ie</a> <a href="http://www.worldheartfederation.org">www.worldheartfederation.org</a>	
	29	National Fitness Day – Take on the Teacher Challenge	Get Ireland Active	<a href="http://nationalfitnessday.ie/">http://nationalfitnessday.ie/</a> Email: <a href="mailto:info@irelandactive.ie">info@irelandactive.ie</a>	
	1-31	Breast Cancer Awareness Month	Irish Cancer Society	<a href="http://www.cancer.ie">www.cancer.ie</a>	
	1	UN International Day of Older Persons		<a href="http://www.olderinireland.ie">www.olderinireland.ie</a> <a href="http://www.un.org/en/events/olderpersonsday/">www.un.org/en/events/olderpersonsday/</a>	
	1-7	National Breastfeeding Week	Health Service Executive	<a href="http://www.breastfeeding.ie">www.breastfeeding.ie</a>	
	5	World Teachers' Day	UNESCO	<a href="https://en.unesco.org/themes/teachers/world-teachers-day">https://en.unesco.org/themes/teachers/world-teachers-day</a>	
	8-14	National Fire Safety Week	Department of Housing, Planning, Community & Local Government	<a href="http://www.fireireland.ie">www.fireireland.ie</a> <a href="http://www.firesafetyweek.ie">www.firesafetyweek.ie</a>	
	10	World Mental Health Day	WHO	<a href="http://www.who.int/mental_health/world-mental-health-day/en/">www.who.int/mental_health/world-mental-health-day/en/</a> <a href="http://www.mentalhealthireland.ie">www.mentalhealthireland.ie</a>	
	8-14	National Arthritis Week	Arthritis Ireland	<a href="http://www.arthritisireland.ie">www.arthritisireland.ie</a>	
	NOV	11	World Sight Day	IAPB	<a href="https://www.iapb.org/advocacy/world-sight-day/">https://www.iapb.org/advocacy/world-sight-day/</a>
12 -12 Nov		MSReadathon	MS Ireland	<a href="https://www.msreadathon.ie/about">https://www.msreadathon.ie/about</a> Email: <a href="mailto:read@msreadathon.ie">read@msreadathon.ie</a>	
16		World Food Day	FAO	<a href="http://www.fao.org">www.fao.org</a> <a href="http://www.fao.org/getinvolved/en/">www.fao.org/getinvolved/en/</a>	
20		World Osteoporosis Day		<a href="http://www.worldosteoporosisday.org/">http://www.worldosteoporosisday.org/</a>	
30		Dublin City Marathon		<a href="http://office@dublinmarathon.ie">office@dublinmarathon.ie</a> <a href="http://adidasdublinmarathon.ie/">http://adidasdublinmarathon.ie/</a>	
1-30		November Prostate Cancer Awareness campaign	Irish Cancer Society	<a href="http://www.cancer.ie">www.cancer.ie</a>	
12		World Pneumonia Day		<a href="http://www.worldpneumoniaday.org/">http://www.worldpneumoniaday.org/</a>	
13-19		World Antibiotic Awareness Week	WHO	<a href="http://www.who.int/campaigns/world-antibiotic-awareness-week/en/">http://www.who.int/campaigns/world-antibiotic-awareness-week/en/</a>	
14		World Diabetes Day		<a href="http://www.idf.org/worlddiabetesday">www.idf.org/worlddiabetesday</a> <a href="http://www.diabetes.ie">www.diabetes.ie</a>	
16		World Philosophy Day	United Nations	<a href="http://www.un.org/en/events/philosophyday/">http://www.un.org/en/events/philosophyday/</a>	
16		World COPD Day	COPD Support Ireland	<a href="http://www.copd.ie">www.copd.ie</a> Phone: 01-2833500 <a href="http://www.goldcopd.org/wcd-home.html">www.goldcopd.org/wcd-home.html</a>	
DEC		16-22	World Antibiotic Awareness Week		<a href="http://www.who.int/en/HSE">http://www.who.int/en/HSE</a> <a href="http://www.undertheweather.ie">www.undertheweather.ie</a>
	19	International Men's Day	International Mensday.com	Men's Health Forum in Ireland <a href="http://www.mhfi.org">www.mhfi.org</a>	
	19-23	EU Action on Alcohol Week	HSE	<a href="http://www.askaboutalcohol.ie">www.askaboutalcohol.ie</a>	
	20	Universal Children's Day		<a href="http://www.un.org/en/events/childrenday/">www.un.org/en/events/childrenday/</a> <a href="http://www.childrensrights.ie/">http://www.childrensrights.ie/</a> <a href="http://www.unicef.org">www.unicef.org</a> <a href="mailto:info@childrensrights.ie">info@childrensrights.ie</a>	
	25	International Day for the Elimination of Violence against Women		<a href="http://www.un.org/en/events/endviolenceday/">http://www.un.org/en/events/endviolenceday/</a>	
	1	World AIDS Day		<a href="http://www.worldaidsday.org/events">www.worldaidsday.org/events</a> ACET (AIDS Care Education & Training Ireland) <a href="http://www.acet.ie">www.acet.ie</a>	
	3	International Day of Persons with Disabilities		<a href="http://www.un.org/disabilities/">www.un.org/disabilities/</a> Inclusion Ireland <a href="http://www.inclusionireland.ie">http://www.inclusionireland.ie</a>	
	5	International Volunteer Day		<a href="http://www.unv.org/what-we-do/intl-volunteer-day.html">www.unv.org/what-we-do/intl-volunteer-day.html</a> <a href="http://www.volunteer.ie">www.volunteer.ie</a> Phone: 6369446	
	10	Human Rights Day	Irish Human Rights Commission	<a href="http://www.ihrc.ie/">www.ihrc.ie/</a> <a href="http://www.un.org/en/events/humanrightsday/">www.un.org/en/events/humanrightsday/</a>	
	18	International Migrants Day	United Nations	<a href="http://www.un.org/en/events/migrantsday/">www.un.org/en/events/migrantsday/</a>	

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